

March 2019

## CrossReach Information Sheet

### CrossReach @150

Please pray and give thanks for our local and national response to social care over many decades.

This year marks 150 years of social care provision in Christ's name through the work of the Church of Scotland. Pray for the final planning and preparation of CrossReach @150 in the run up to its launch at the General Assembly in May.

### Events - lots of ways to have fun, and support CrossReach while you do!

Are you looking for something exciting to do? CrossReach has events taking place throughout 2019, where you can have fun whilst supporting its work with children and families across Scotland. For more information visit: [www.crossreach.org.uk/events](http://www.crossreach.org.uk/events)



#### Forth Bridge Abseil 2019 - 7 July 2019

Abseil off the 150ft high iconic Forth Rail Bridge surrounded by stunning views of the Forth. This event has a minimum fundraising pledge of £150.

#### Kiltwalk - various dates throughout the year

Dundee, Edinburgh, Aberdeen & Glasgow throughout the year. Choose from 3 different walks of varying distances - suitable for all the family & all abilities.



#### Edinburgh Marathon Festival - 25th - 26th May:

Run, with Edinburgh Castle as a stunning backdrop. Limited free charity places available. Join team CrossReach and set yourself a new challenge!

#### Freefall Skydive Auchterarder - 22 June 2019 or 13 July

Jump from 10,000ft and freefall 5,000ft at up to 120mph! An opportunity not to be missed!

Locations and Dates: Auchterarder: 22 June and 13 July.



#### Zipwire - 4th May & 7th September.

Zip through the trees over a stunning gorge in Aviemore. Take the CrossReach Zip Wire Challenge.

### CrossReach widget on your church website?

CrossReach can email you a link to its Prayer Diary widget with easy to follow instructions on how to upload it. Every week, it will update automatically with a new set of prayers.

Contact: [bdd@crossreach.org.uk](mailto:bdd@crossreach.org.uk)

### Requests to take the Presbytery Pledge for CrossReach

Some churches have been asking for information about taking the Presbytery Pledge for CrossReach: Pray for CrossReach; Update your congregation with our news and updates; hold a Grey Cake Bake; Promote CrossReach and Social Care Sunday. For more information: [supporters@crossreach.org.uk](mailto:supporters@crossreach.org.uk)

We hope you can make use of these features and opportunities in your congregations. To contact the CrossReach Supporter Development Team please call: 0131 454 4374

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### Pupils welcome Baroness Goldie to their campus

Pupils of Erskine Waterfront Campus recently welcomed Baroness Annabel Goldie at a visit to the school. Baroness Goldie took time out of her very busy schedule to discuss headline topics with class 6 pupils and to share what a day's work in the House of Lords looks like.

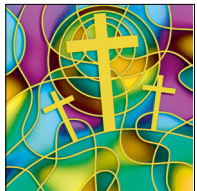
### Whinnieknowe Care Home in Nairn commended on 'best practice' by The Care Inspectorate

CrossReach Whinnieknowe Care Home in Nairn was recently commended on 'best practice' by The Care Inspectorate for The Wee Ones at Whinnieknowe (WOW). Run in conjunction with Junior World Nursery, the initiative brings together different generations to share in a whole variety of activities each week. To read more on the positive outcomes of WOW and other intergenerational initiatives visit: [bit.ly/BringingGenerationsTogether](http://bit.ly/BringingGenerationsTogether)

### #TimetoTalk Day, promoting open conversations about mental health.

February featured #TimetoTalk Day with See me Scotland, promoting open conversations about mental health.

Morven Day Services provides mental health support in East Ayrshire and can be accessed directly by people in the area. The service's annual art exhibition was recently featured in the January edition of CrossReach News. (pg. 9) For CrossReach News visit: [bit.ly/CrossReachNewsJan2019](http://bit.ly/CrossReachNewsJan2019)



### CrossReach Easter 2019

Easter cards are now available on the CrossReach webshop for purchase.

Visit the webshop: <https://shop.crossreach.org.uk/> Order by phone: 0131 454 4374

### Christmas Card Competition 2019 – Closes Monday 1st April 2019!



Design a CrossReach Christmas card for 2019. The winning design will be printed and sold through the CrossReach Christmas Card & Calendar Collection 2019 catalogue and website. Open to all ages.

Competition closes: Monday 1st April 2019

For full details visit: [bit.ly/CrossReachCCComp19](http://bit.ly/CrossReachCCComp19)

### Speak for CrossReach

If you like talking to people about things you are passionate about, then the role of Regional Speaker for CrossReach is made for you. Help present the work of CrossReach to communities and groups across Scotland. You will be playing an invaluable part in spreading the word about CrossReach and in encouraging people to support its life-changing work. For more information:

[www.crossreach.org.uk/support-us/volunteer/become-a-regional-speaker](http://www.crossreach.org.uk/support-us/volunteer/become-a-regional-speaker)

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