

March 2020

CrossReach Information Sheet

CrossReach @150

2020 dates, times and locations for the 150th Anniversary Exhibition will be made available on their website: www.crossreach.org.uk/150th-anniversary
To read about the history of CrossReach please visit:
www.crossreach.org.uk/about-us/the-history-of-crossreach



CrossReach Events 2020

Are you looking for something exciting and adventurous to do this year? CrossReach has events taking place throughout 2020, where you can have fun whilst supporting its work across Scotland. For more information: www.crossreach.org.uk/events



Forth Bridge Abseil

Join CrossReach CEO, Viv Dickenson in abseiling down the Forth Bridge on 10 May 2020. To sign up, please use the link below and select CrossReach: www.rcsqsales.org.uk/register



Zip Wire Challenge Aviemore

Zip through the trees over a stunning gorge in Aviemore. Dates available on 2 May 2020 and 5 September 2020. For more information: events@crossreach.org.uk

Scottish Half and 10k 2020

The Scottish Half Marathon + 10K is the ultimate running experience, with stunning views of East Lothian's Golf Coast. For more information on how you can participate, please contact: events@crossreach.org.uk

Moderator's Time February 2020

In February, the Church of Scotland Moderator, Rt Rev Colin Sinclair and his wife Ruth Sinclair visited two CrossReach services in continuation of the Moderator's Time visits made in October 2019.

Palmerston Place

Visiting CrossReach's Palmerston Place Perinatal Service the Moderator, and his wife Ruth, met staff and volunteers who offer support to expecting and new parents with "quiet competence" in order to "help them adjust to what family life might mean".



Learn more about the visit at: vimeo.com/390693401



Heart for Art - St Andrews Church Carluke

Arriving in time to join the afternoon's art session, the Moderator was welcomed by staff, volunteers and Heart for Art participants who shared their art and stories with their special guests. Heart for Art is a vehicle for encouragement for people living with dementia to "express themselves not in words or memory but in hand, in colour and in painting".

Watch and experience his visit at: vimeo.com/391280299

Looking to share ideas on local social care and outreach projects? The Social Care Forum is your one-stop-shop for social care resources. Visit: www.socialcareforum.scot/

Recovery Volunteer Graduation

On 31 January 2020, CrossReach held its annual Recovery Volunteer Graduation in celebration of the hard work and commitment demonstrated by the graduates. Following their graduation, each volunteer will begin to support someone on their journey of recovery within a CrossReach service.

Read the full story: www.crossreach.org.uk/news/recovery-volunteer-graduation



A new term begins at Morlich House!

The latest addition to the 50's street at CrossReach's Morlich House in Edinburgh is the recently completed School House. Standing alongside the 50's sweet shop, the school has brought back memories for residents from their school days with one lady reminiscing of the times she would "clean the blackboard" as it was "a special task". To find out more about Morlich House, please visit:

www.crossreach.org.uk/Morlich

Children's Mental Health Week: Finding their Brave

For Children's Mental Health Week, CrossReach celebrated the children and young people who 'Find their Brave' every day. Robbie's story provides a glimpse into how the support offered by CrossReach's Sunflower Garden service, helps children and young people accomplish this.

To watch the video: www.crossreach.org.uk/news/finding-their-brave



Christmas Card Competition 2020 - Deadline Approaching



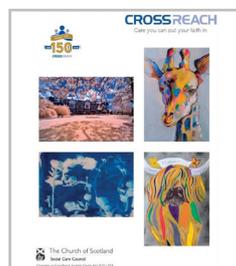
Design a CrossReach Christmas card for 2020. The winning design will be printed and sold through the CrossReach Christmas Card & Calendar Collection catalogue and website.

Competition closes: Tuesday 31 March 2020

For full details visit: bit.ly/CrossReachCCComp20

Host the 150th Anniversary Exhibition

CrossReach is inviting churches and organisations to host the social care exhibition. There are various options available to ensure that all can be catered for! This is a great resource you can use to engage your local community! Explore the brochure: bit.ly/150ExhibitBrochure



CrossReach 150th Notelets

As part of the celebrations, CrossReach's four directorates commissioned a piece of art to mark this special anniversary. The artwork images have been printed into notelets which are available in packs of 12 (3 of each image) and are available now.

To view and purchase, please visit: bit.ly/150notelets

CrossReach prayer widget for church website

CrossReach can email you a link to its Prayer Diary widget with easy to follow instructions on how to upload it. Every week, it will update automatically with a new set of prayers. For more information please contact: bdd@crossreach.org.uk

We hope you can make use of these features and opportunities in your congregations. To contact the CrossReach Supporter Development Team please call: 0131 454 4374